Learn more about the exclusive CSU Ram debit card from Canvas.

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Canvas is the Official Credit Union of CSU.

SUPPORTING TRANSITIONS

2022-2023 CALENDAR FOR CSU PARENTS AND FAMILIES

Se habla español | (970) 491-6680

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WHERE WE BELONG
BELONG
BE INSPIRED

CSU BOOKSTORE
THINGS YOU NEED,
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- Unparalleled selection of CSU clothing, gifts and merchandise all under one roof, in one stop, conveniently located on campus.
- All the classroom materials you need: notebooks, spirals, study aids, CSU imprinted supply products and hard-to-find specialty items.
- Art supplies and kits for CSU classes, or just for fun!
- General interest reading books - everyone needs a “good book break” from time to time.
- Buy now and pay later; use your student account and pay with your tuition bill. Up to $1,200 books and supplies may be charged to your account every semester.

LET CSU BOOKSTORE HELP YOU SAVE TIME & MONEY

- Competitively priced materials when compared to online retailers
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- Correct book… guaranteed
- Save time and hassle, convenient on-campus location
- Used books, textbook rentals and digital books
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PRE-ORDER YOUR BOOKS NOW!

CSU Health Network is your student’s home for health and well-being at CSU.
Students can access a wide range of medical, counseling and health education and prevention services. Learn more at health.colostate.edu.

Care for Body and Mind

John Parry
CSU Bookstore Director
Father of Two CSU Grads
If you’re not satisfied let me know and I’ll make sure we make it right.
—John.Parry@colostate.edu

Reconnect with your community at the LSC.
Find What You Need:

For up-to-the-minute information for specific programs and services, including hours of operation, visit: LSC.COLOSTATE.EDU

Please support these RamFam Business Partners who support CSU students and their families.
Welcome to the Ram Family!

Dear Colorado State University Parents and Family Members,

As a member of the Ram Family, Parent and Family Programs is here to support you throughout your student’s journey at Colorado State University. Parent and Family Programs, along with our campus partners, are all part of a larger team dedicated to supporting student learning in and out of the classroom. We are partners with you—ultimately focused on your student’s success, academic experience and furthermore, graduation.

As a parent or family member of a CSU student, you are automatically a part of the Ram Family: made up of all CSU parents and family members, past, present, and future. Parent and Family Programs offers resources and information to help support you: you are a valued member of our family! Some of the resources and services provided by Parent and Family Programs are: emails sharing important CSU-related information, campus resources and events meant to support parents and families, updates from our monthly electronic newsletter (you can receive this by joining our listserve at parentsandfamily.colostate.edu/), scroll down, and click "subscribe"), emails from President Joyce McConnell and other important University messages, invitations to unique Homecoming & Family Weekend events, opportunities to engage with other members of the Ram Family by participating in RamFam Ambassador events that take place where you live, and more!

RamFam Ambassadors are fellow parents and family members that seek to engage with and support parent and family members of CSU students. If you are interested, you can volunteer through our RamFam Ambassador program by writing articles for our newsletter, connecting with parent and family members of potential CSU students, volunteering on campus, and being involved in other meaningful opportunities! Email Parent and Family Programs if you are interested (see email address below for Parent and Family Programs).

This calendar includes helpful information regarding campus related deadlines, programs, and strategies to support students throughout their CSU experience. Please know that some of the information specific to dates may have changed due to impacts from COVID-19 (see the CSU on-line university events calendar here https://calendar.colostate.edu/ and academic calendar here https://calendar.colostate.edu/academic/). Also, because we continue to navigate COVID and its impact/potential impact, we are not able to note as many campus events and programs for this academic year. Nevertheless, please know that our campus leadership, in collaboration with health authorities, continues to work to support as much in-person and on-campus academic learning and programming as possible. Finally, each page of the calendar also includes suggestions for conversations to have with your student. This publication is just one component of our comprehensive parent and family program at CSU. Please visit the Parent and Family Programs website at parentsandfamily.colostate.edu to see more support services and information available to you.

In closing, Parent & Family Programs serves as your direct liaison with the University. They are available by phone, (970) 491-6680, email (upsa_parentfamilyprograms@mail.colostate.edu), or in person. They can answer questions or connect you to others who can provide additional assistance regarding your specific questions or concerns. Thank you for supporting your student to be a member of the CSU community and we look forward to interacting with you during your student’s academic career.

Sincerely,

BLANCHE HUGHES
Vice President for Student Affairs

---

CSU’s Principles of Community

The Principles of Community support the Colorado State University mission and vision of access, research, teaching, service and engagement.

- **Inclusion:** We create and nurture inclusive environments and welcome, value and affirm all members of our community, including their various identities, skills, ideas, talents and contributions.
- **Integrity:** We are accountable for our actions and will act ethically and honestly in all our interactions.
- **Respect:** We honor the inherent dignity of all people within an environment where we are committed to freedom of expression, critical discourse, and the advancement of knowledge.
- **Service:** We are responsible, individually and collectively, to give of our time, talents, and resources to promote the well-being of each other and the development of our local, regional, and global communities.
- **Social Justice:** We have the right to be treated and the responsibility to treat others with Fairness and equity, the duty to challenge prejudice, and to uphold the laws, policies and procedures that promote justice in all respects.

---

**Canvas**

For the most up-to-date CSU event information check the following Web sites: [calendar.colostate.edu](https://calendar.colostate.edu), [parentsandfamily.colostate.edu](https://parentsandfamily.colostate.edu), [parentsandfamily.colostate.edu/academic](https://parentsandfamily.colostate.edu/academic).
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### CONVERSATION STARTERS:
**Beginning a New Semester**

- Reassure your student that adjustment challenges are common and expected for both first-year and continuing students. Brainstorm ways your student can trouble shoot challenges while being aware of the emotional ups and downs that accompany any college transition.
- If your student is living in the residence halls, encourage them to get to know the Resident Assistant (RA). If your student is living off campus, encourage them to get to know their neighbors and visit the Office of Off-Campus Life for tips on how to be a good neighbor.
- Encourage your student to look into getting involved by joining an organization or club by visiting Student Leadership, Involvement and Community Engagement (SLiCE) office, one of the seven Student Diversity Programs and Services (SDPS) offices, or the Office of Fraternity and Sorority Life in the Lory Student Center.

### TRACKING THE TRANSITION:
**Navigating Choices and Decisions**

- All years of college are a time of transition for students and families. Your student may be feeling a bit overwhelmed with campus, classes, community services, different procedures, and roommate(s). Returning to campus, or arriving for the first time, brings about choices and decisions regarding new relationships, new academic classes, and social challenges with friends (old and new). There are many offices at CSU to support these transitions. Please don’t hesitate to reach out to Parent and Family Programs early to learn more and consult about the best options for your student.

### CSU EVENTS AND RESOURCES

- **August 18-19: Ram Welcome.** We look forward to welcoming your student to CSU. All new students are expected to participate in this exciting two-day event. More information and a schedule of events are available at orientation.colostate.edu.
- For a full list of the most up-to-date CSU event information, check the following Web sites:
  - Events: calendar.colostate.edu
  - Academic: calendar.colostate.edu/academic

---

**Save your money for the weekend.**
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Food delivery, travel, and other cool deals.
Start your 6-month trial.

[amazon.com/joinstudent](amazon.com/joinstudent)
Originally planted in 1881, American elms line the CSU Oval and glisten in golden splendor with the coming of fall.

Football Team in Canvas Stadium. The CSU Color Guard performs for the Rams.

CSU EVENTS AND RESOURCES

September 7: Drop, Add and Health Insurance Requirement Deadline.

CSU students have access to a wide range of medical, counseling, health education and preventive services regardless of their insurance plan. A full description of requirements and services are available at: health.colostate.edu/new-student-checklist.

CSU students have access to a wide range of medical, counseling, health education and preventive services regardless of their insurance plan.

Conversational starters:
Safety
- Rams take care of Rams. Rams take Action. Have conversations with your student to encourage personal responsibility in promoting safety and wellness of themselves and others both on and off campus.

- We encourage students and families to consider purchasing renter’s insurance. If living in the residence halls or off-campus to protect belongings against incendials, fires, floods or additional damage.

- Encourage students to use the CSU Police Department SafeWalk program (970-491-1165) if they are out late at night on campus so they do not have to walk alone.

- It can be important for students to know what it means to have consent when having intimate interactions. Learning the legal definition of consent might help your student to support themselves and others to not enroach on another person’s boundaries without consent.

- Resources: http://www.wgac.colostate.edu/consent; CSU PD (970) 491-6425; Victim Assistance Team (970) 491-4242

Tracking the transition:
Finances
- Unfortunately, college students can sometimes be seen as targets for scams around common student concerns like housing information and personal records. Encourage your student to check with the CSU Police Department or Student Legal Services to verify a request is legitimate.

For a full list of the most up-to-date event information, check the following Web sites:
Academics: calendar.colostate.edu
Events: calendar.colostate.edu

For  a full list of the most up-to-date CSU event information, check the following Web sites:

Academic:
Events:

Given the COVD pandemic and the potential to impact campus operations and circumstances, CSU students have access to a wide range of medical, counseling, health education and preventive services regardless of their insurance plan. A full description of requirements and services are available at: health.colostate.edu/new-student-checklist.

For a full list of the most up-to-date event information, check the following Web sites:
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Academics: calendar.colostate.edu
Events: calendar.colostate.edu

September 7: Drop, Add and Health Insurance Requirement Deadline. Insurance options are available at the CSU Health Network. CSU students have access to a wide range of medical, counseling, health education and preventive services regardless of their insurance plan. A full description of requirements and services are available at: health.colostate.edu/new-student-checklist.

For a full list of the most up-to-date event information, check the following Web sites:
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**CONVERSATION STARTERS: Checking-In on Well-Being**

- Fall break is right around the corner! Now is a good time to discuss plans, noting that some residence halls will close during Fall Break.
- Now is also a good time to check in on students about how their semester is progressing so far including academics, connectivity to campus, friends, roommates, and their overall wellness (physical, emotional, and psychological wellbeing).
- Resources to utilize now could be the Institute for Learning and Teaching for tutoring and study skills or the CSU Health Network for well-being consultations.

**TRACKING THE TRANSITION: Connecting with Campus**

- Research indicates that students who are involved on campus are more invested in their college experience, have higher grades, and are better prepared post-graduation. A tremendous amount of learning and development takes place outside of the classroom! Examples of getting involved on campus can include student organizations, volunteering, student employment, fraternity and sorority life, intramural sports, academic clubs, and research. If your student hasn’t become involved yet, now is the time!

The Lory Student Center website is a great place to start finding involvement opportunities (lsc.colostate.edu).

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**CSU EVENTS AND RESOURCES**

October 24: Spring 2023 Registration Begins.

For a full list of the most up-to-date CSU event information, check the following web sites:

Events: calendar.colostate.edu

Academic: calendar.colostate.edu/academic

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**Dear Students,**

You can get confidential advice from a campus attorney for no charge. Stuff happens. You’re not alone! Request an appointment at sls.colostate.edu

Legal counseling paid for by your student fees. We’re here for you from orientation to graduation.

---

**Legal Advice**

**STUDENT LEGAL SERVICES**

COLORADO STATE UNIVERSITY

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**CSU EVENTS**

- October 24: Spring 2023 Registration Begins.
- For a full list of the most up-to-date CSU event information, check the following web sites:
  - Events: calendar.colostate.edu
  - Academic: calendar.colostate.edu/academic
**CONVERSATION STARTERS:**
**Addressing Semester Challenges**
- November can be a challenging month as the semester ends and the weather changes. This is a good month to encourage students to take care of themselves by eating well, sleeping, and exercising.
- As a parent or family member, if you are concerned for your student you can call Parent and Family Programs at (970) 491-6680 for help locating resources and referrals for your student.
- Call Student Case Management at (970) 491-8051 for student support, such as crisis prevention and Intervention services in difficult situations. Call the CSU Tell Someone line (970) 491-3350 if you are concerned about your student’s mental health and safety.

**TRACKING THE TRANSITION:**
**Communication and Family Connection**
- As your student encounters more adult responsibilities and choices, maintaining effective communication will help you continue to advise and support your student. Listening without judgment, taking notice of your own and your student’s verbal and nonverbal behavior, and asking open-ended questions will all encourage dialogue. If you think your student might benefit from more connections on campus, suggest that they reach out to a faculty member, advisor, resident assistant, or other staff member for additional support. Remember – Parent and Family Programs is here to help!

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**Dancing at the annual Pow Wow. Native American Heritage Month is nationally recognized as a month to celebrate Native Americans, past, present, and future.**

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**NOVEMBER 2022**

**CSU EVENTS AND RESOURCES**

November 12: Border War, CSU vs Wyoming football game. The winner is awarded the coveted Bronze Boot, a 53-year-old trophy that was once a boot worn by American soldier and later CSU Military Sciences professor, Captain Dan Romero. As part of the tradition, ROTC cadets from the University of Wyoming and CSU carry the game ball in a relay from Laramie to CSU’s Canvas Stadium.

For a full list of the most up-to-date CSU event information, check the following Web sites:
- Events: calendar.colostate.edu
- Academic: calendar.colostate.edu/academic
CONVERSATION STARTERS:
Finishing Strong

- Have conversations of support and encouragement with your student in regard to academic performance as the semester ends with final exams. Be available to troubleshoot through questions, success, concerns, or goals your student may have as they finish the semester and prepare for Winter Break.
- Exercise is a great stress reliever for many students! As final exams begin and the winter weather continues, encourage your student to visit the Campus Recreation Center for daily workouts and classes.

TRACKING THE TRANSITION:
Coming Home for Winter Break

- December is a hectic month for many students. When final exams are finished, many students leave campus for the Winter Break. Students may have concerns about re-joining their families and how they will adjust after being gone for several months. It is important to discuss expectations with your student before winter break begins, keeping in mind your student has experienced a lot that may have changed their perspectives. Also note that some students choose to remain in Fort Collins for all or a portion of Winter Break, which can be a good time for them to rest as well. Dialogue and planning can greatly help in the Winter Break transition many students face.

CSU EVENTS AND RESOURCES

December 16-17: Fall Commencement. CSU will celebrate its Fall Class of 2022 with two days of college commencements and commissionings. Commencement schedules, graduation FAQs, maps and additional information are available at commencement.colostate.edu.

For a full list of the most up-to-date CSU event information, check the following Web sites:
Events:
calendar.colostate.edu
Academic:
calendar.colostate.edu/academic

A blanket of snow doesn’t stop bicyclists from their commute to and from campus. CSU is a recognized leader in separated bike trails giving pedestrians and bicyclists their own designated paths.

INVEST IN A PLACE YOUR STUDENT CAN CALL HOME
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970•218•3016 • lancev26@gmail.com || 970•231•6507 • dana@danagoode.com
1018 Centre Avenue, Fort Collins, CO 80526

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1018 Centre Avenue, Fort Collins, CO 80526
3 OF 5 STUDENTS TAKE A CSU SUMMER COURSE

Why most students participate:
- In-person, hybrid, and online courses.
- Shorter and varying-length terms provide flexibility.
- Career-related experience: internships, research, and field courses.
- Opportunity to graduate sooner and earn earlier.

Enhanced affordability and accessibility:
- Colorado undergraduate residents may benefit from CSU Tuition Assistance Grants.
- Non-resident undergraduates benefit from a summer base tuition rate at 30% less than fall/spring.
- Financial aid, summer employment, and prorated housing available.
- Flexible payment plan available for summer.

Registration in RAMweb
SUMMER.COLOSTATE.EDU

Please support these RamFam Business Partners who support CSU students and their families.

ACCELERATED PROGRAMS
COLORADO STATE UNIVERSITY

A pathway for degree-seeking CSU students to graduate in 3-3½ years!

A diverse selection of Accelerated Program options are offered within:
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- The College of Health and Human Sciences
- The College of Liberal Arts
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COLLEGE STUDENT STORAGE

Door-to-Door Summer Storage and Moving Services

CSS Parents & Students
Sign up online and mention this ad for $25 Off summer storage services.

- Door-to-Door Summer Storage Services! (of course we pick-up, too!)
- Door-to-Door Shipping. Anywhere in the world.
- In-Room Packing Services
- Climate Controlled Car Storage
- Freight Services (No state too small)

We make moving easy. Call us today and save.

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SOMETIME SUMMER STORAGE

Door-to-Door Summer Storage and Moving Services

CSS Parents & Students
Sign up online and mention this ad for $25 Off summer storage services.

- Door-to-Door Summer Storage Services! (of course we pick-up, too!)
- Door-to-Door Shipping. Anywhere in the world.
- In-Room Packing Services
- Climate Controlled Car Storage
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We make moving easy. Call us today and save.

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csstorage.com
info@csstorage.com
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CONVERSATION STARTERS: A Fresh Start

- This month is a good time to have conversations with your student about their goals for the upcoming semester, whether it be academically, socially, or career wise!
- Encourage your student to take a renewed look at upcoming classes and potential classmates as opportunities for new connections and improved academic performance.
- If your student is seeking resources regarding an aspect of their identity, have them utilize student diversity programs and services offices on campus: El Centro; Black/African American Cultural Center; Asian/Pacific American Cultural Center; Native American Cultural Center; Women and Gender Advocacy Center (including Men in the Movement); Pride Resource Center; and the Student Disability Center.
- Discuss academic and tutoring services available on campus to create a plan to achieve scholastic expectations. We also highly encourage students to make an early appointment with their academic advisor to discuss academic success strategies.

TRACKING THE TRANSITION: Changing Majors and Possible Internships

- With fall semester courses completed, changing majors may be top of mind for some students. This can be a good opportunity for your student to explore interests and determine what they want to study. National studies estimate that students change their majors several times during their college years. The best way to prepare for a career is to get a thorough education and gain career-related experience through internships, community service, part-time jobs, and campus involvement. Encourage your student to contact an academic advisor and the Career Center to explore the variety of available options.

**CONVERSATION STARTERS:**

- **A Fresh Start**
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Save your money for the weekend.
Get exclusive deals with Prime Student.
Food delivery, travel, and other cool deals.
Start your 6-month trial.

amazon.com/joinstudent
**CONVERSATION STARTERS:**

**Planning Ahead**

- This month campus will begin a wide variety of events to help your student plan for their future. Encourage your student to attend the Career and Internship Fairs, the Education Abroad Fair, and the Housing Fair this month to plan for the summer and fall!
- If your student is looking to live off campus in the fall, encourage them to talk with Student Legal Services for tips in evaluating leases before signing. We highly encourage students and families to take your time in evaluating the best housing options. Students have plenty of time to secure housing for the fall, don’t sign too early!
- This is also the month to make final decisions about returning to the residence halls next year in order to reserve a space. The Live-On options can be a great option to encourage student success. Information on returning to live on campus in apartments or residence halls can be found through University Housing.

**TRACKING THE TRANSITION:**

**Education Abroad Opportunities**

- Did you know that there are financial resources available to students interested in Education Abroad programs? Education Abroad experiences are remembered by students as one of the most influential and positive aspects of their college education. CSU offers students plenty of ways to supplement their educational experience by going abroad for short- or long-term increments of time. Options include education abroad (semesters or summers), service-learning and volunteer abroad, Alternative Break service trips, and Semester at Sea (semesteratsea.org). Students can continue to make progress toward their degree while participating in education abroad programs. Check www.studyabroad.colostate.edu to get started.

**CSU EVENTS AND RESOURCES**

February 1: Black History Month begins. Every February the Black/African American Culture Center located in the Lory Student Center highlights the accomplishments and contributions of African, African American, Pan-African people and culture. Additional programs and resources are available at BAACC.colostate.edu.

For a full list of the most up-to-date CSU event information, check the following Web sites:

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The Logging Team is just one of more than 30 sport club programs for CSU students. Student-managed teams train together, travel and compete on a national level.
**MARCH 2023**

**CONVERSATION STARTERS:**

**Time for Spring Break**
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**TRACKING THE TRANSITION:**

**Spring Break Expectations**
- As winter fades and the end of the semester comes into view, students can become very excited about the upcoming prospect of spending a week away during Spring Break. Sometimes students experience a sense of disappointment if they are “just going home.” Many students make plans with their friends during this time. Some also choose to participate in an Alternative Spring Break through the CSU SLiCE office which is a week of immersion into different cultural, environmental, and socioeconomic communities across the nation and world. We encourage all students to be safe and healthy during the Spring Break week especially when traveling or making plans with friends.

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**CSU EVENTS AND RESOURCES**

March 21: CSU Summer Enrollment begins. Enrolled CSU students and Summer-Only students can enroll in classes on campus and online through CSU Summer Session. More than 1,700 courses are offered for the 4-, 8-, 12-week terms. Course and registration information are available at: summer.colostate.edu.

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- Academic: calendar.colostate.edu/academic
### April 2023

**CONVERSATION STARTERS:**

#### Burnout and Fatigue
- Academic fatigue often impacts students this month as they have been working hard all semester! Encourage your student to ask for help if needed before the end of the semester. We have many resources and Parent and Family Programs can help you determine the best resources for each student.
- Stress is reported to be one of students’ main challenges. The CSU Health Network has mindfulness workshops to increase your student’s ability to be present and reduce stress. The CSU Recreation Center is also a great place to relieve stress with a free workout class.

#### TRACKING THE TRANSITION: Resilience and a Growth Mindset
- Resilience, the ability to bounce back and recover, is something that we develop as we face and learn from life’s challenges. Receiving support helps your student build the strength, flexibility, and resilience to flourish. We want to recognize the efforts students are making as they build their life on campus, whether in their courses, campus involvement, finding a job or a career path, making friends, or taking care of their overall health. Let’s celebrate those steps, including when students seek support as they face difficulty.

### CSU EVENTS AND RESOURCES

**April 22: Earth Day.** Every day is Earth Day at CSU. Sustainability is foundational to who we are. During this time however, campus events highlight the many ways CSU is committed to sustainability. Earth week and pre-Earth week events are available at [calendar.colostate.edu](http://calendar.colostate.edu).

**The State of Sustainability webpage at green.colostate.edu showcases CSU’s campus initiatives, research and accolades.**

**The CSU Pride Resource Center provides programs and services to support the LGBTQ+ community. Lavender Graduation, held in late April, celebrates the accomplishments and achievements of gay, lesbian, bisexual, transgender, queer and ally undergraduate and graduate students.**

**April is Sexual Assault Awareness Month (SAAM) See a full calendar of events at wgac.colostate.edu**

The 24-hour Victim Assistance Team (VAT) is available to assist student survivors of interpersonal violence and the people who support them. **24/7/365**
CONVERSATION STARTERS:

**Semester’s End and Summer’s Beginning**
- Look back at the academic year as a whole and celebrate the completion of your student’s college year! We also congratulate all of our graduating students and their families!
- Many students will be leaving CSU for the summer months. We encourage families to understand that your student has operated in an independent environment, establishing their own routines and behaviors. Discuss ways you and your student can celebrate their independence while also re-connecting with one another. Be aware your student may be experiencing sadness over leaving new friendships and/or significant relationships at school.

**Tracking the Transition:**

**Re-Entry Transition**
- May is another month of high pressure and stress for many students. While final exams are taking place, so is the thought of the school year ending and leaving new-found friends or perhaps remaining in Fort Collins and missing family members. Your student may be concerned that relationships may not survive the summer break. Some students are concerned about not being able to maintain their independence. This is a good time to increase communication with your student. Encourage your student through finals and discuss making some fun plans for the summer.

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CSU EVENTS AND RESOURCES

May 8-12: Finals week. Finals week is the final hurdle before your student leaves campus for summer break. It can be a stressful time so take this opportunity to show your student some extra love. You can treat them to coffee or lunch by adding RamCash to your student’s RamCard. RamCash is accepted in dining venues throughout the Lory Student Center and on-campus coffee shops.

For a full list of the most up-to-date CSU event information, check the following Web sites:

- Events: [calendar.colostate.edu](http://calendar.colostate.edu)
- Academic: [calendar.colostate.edu/academic](http://calendar.colostate.edu/academic)

CSU students receive their diplomas and join the CSU Alumni family during spring Commencement Ceremonies.

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**CONVERSATION STARTERS:**
**Assessing Changes for the Fall Semester**
- Begin getting things ready for the upcoming school year! Review financial expenses, discuss how summer activities connect with academics or career goals, and ways that your student can maximize their experience next year.
- Review the events of the past year with your student. Identify problem areas and encourage your student to consider possible solutions. Call Parent and Family Programs to brainstorm!

**TRACKING THE TRANSITION:**
**Continued Support**
Be prepared to support your student through these typical issues that can be experienced when returning to campus after time away for a new school year:
- **Intensified curriculum:** academic courses will increase in difficulty each year and students might need to adjust for this rigor.
- **Choosing a major or degree path:** students might feel a time pressure to choose a major or they are wanting to change their major.
- **Feelings of a lack of connection to campus:** students might not feel as connected to CSU as they did prior to the summer. Students should take time to adjust back to campus after the summer.
- **Peer and friendship challenges:** Many student friendships might have shifted over the summer. Students might desire to make more new friends in a new academic year. This is okay!
- **Identity exploration:** Students might be learning more about how they identify and their identities. This is a great way for students to grow and develop throughout college.

Remember, Parent and Family Programs is here to help through any question or concern!

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CSU students take in the sights and sounds of Old Town Square, a summer gathering place for locals and visitors to enjoy Colorado sunshine while listening to live, local music.
Please support these RamFam Business Partners who support CSU students and their families.

GIFT CARDS

Please support these RamFam Business Partners who support CSU students and their families.

WORK STUDY: Many of these part-time job opportunities are awarded based on financial need.

STUDENT HOURS: These positions are available to any CSU undergraduate or graduate student who is enrolled in at least 1 credit hour and admitted to a degree-seeking program.

CAMPUS INVOLVEMENT: Student organizations are a way for students to find a community of people with shared interests and also a place to learn about their career field and step into leadership roles. The Student Leadership, Enrollment & Community Engagement office works to connect students with campus organizations based on their interests.

INTERNSHIPS: An internship is a practical work experience related to a student's major or career interest. They are opportunities where students can learn how to apply classroom knowledge in a work setting, establish connections that could lead to future jobs, and gain relevant work experience to put on a resume. The Career Center can help students find and apply to internship opportunities and contribute financial assistance to students who pursue an unpaid internship.

Opportunities Based on Identity: Engaging with Student Diversity Programs and Services can provide students with community, employment, and a sense of identity. Each office has programming, employment, and immersion opportunities for students to participate in.

Visit studentdiversity.colostate.edu to learn more about student diversity offices at CSU.

The CSU Career Center is here to help students make the most of their college experience and find the right opportunities for them. One-on-one career advising is available for students.

Helpful Contact Information

All resources and full contact information are also available online by searching the office name at COLOSTATE.EDU.

Admissions
303-490-2910
Adult Learner and Veteran Services
303-490-2977
CSU Bookstore
303-490-0546
CSU Health Network
303-490-7227
CSU Libraries
303-491-1941
CSU Police Department
303-490-6425
Community Engagement (SLiCE)
303-490-1682
Student Case Management
303-490-8051
Housing and Dining Services
303-490-4860
International Programs
303-490-5987
Office of Campus Life
303-490-2242
Office of Financial Aid
303-490-8621
Orientation and Transition Programs
303-490-9291
Parent and Family Programs
303-490-6680
Parking Services
303-490-7081
Records and Registration (Registrar's Office)
303-490-5000
Student Case Management
303-490-8051
Student Leadership, Involvement and Community Engagement (SLiCE)
303-490-5862
Tell Someone
303-490-9350

Student Diversity Programs and Services:
Asian/Pacific American Cultural Center
303-490-8654
Black/Hispanic American Cultural Center
303-490-5381
El Centro
303-490-5722
The Pride Resource Center
303-490-8432
Native American Cultural Center
303-490-1532
Student Disability Center
303-490-6385
Women and Gender Advocacy Center
303-490-8384

Academic College Offices:
Agriculture Sciences
303-490-6274
Business
303-490-6471
Engineering
303-490-3960
Health and Human Sciences
303-490-6311
Liberal Arts
303-490-5421
Natural Sciences
303-490-4500
Veterinary Medicine and Biomedical Sciences
303-490-7051
Werner College of Natural Resources
303-490-6875

Please support these RamFam Business Partners who support CSU students and their families.